

Industry Institute Interaction Cell
College of Agricultural Engineering & technology,
Dr. Rajendra Prasad Central Agricultural University, Pusa, BIHAR

Expert Lecture on “Expert Lecture on Life Skills – An Unviewed Horizon (20.08.2026)

An expert lecture on Expert Lecture on “Life Skills – An Unviewed Horizon” by Dr. M.K. Jhala Ex-Director of research and Dean PG Studies at AAU Anand, Gujrat was organized by III Cell, CAET, RPCAU, Pusa, on 20.08.2026, 11 AM (Hybrid mode) at R.K. Rai web conference hall. The session was started with welcome by Dr. Pratibha Devi Sharma, Professor –in-Charge, IIIC, she also highlighted a few achievements and Distinction of Dr. Jhala. Dr. Jhala delivered an insightful and highly informative lecture. He explained that the Life skills includes practical, social, and emotional abilities like communication, problem-solving, and emotional control. It helps people handle daily challenges, succeed at work, and build healthy relationships outside of standard academics. Some of the important points discussed were as follows:

Core Categories of Life Skills: **Thinking Skills:** Critical thinking, creative thinking, decision-making, and problem-solving. **Social Skills:** Effective communication, empathy, teamwork, and negotiation. **Emotional Skills:** Self-awareness, stress management, resilience, and emotional regulation. **Practical Competencies:** Time management, financial literacy, and adaptability. He also elaborated stress and time management with examples.

About **150 persons including {130 students of B.Tech. (AE & FT)}, HOD PFED, all faculty members of PFE** attended & participated. Dean, Dr. R. Subbaiah Dean, CAET, extended vote of thanks the expert.

Glimpses

